



## **TOOL // Behavior Anecdotal Notes and Checklist**

### **What is the tool?**

This is an anecdotal/observational tool for quantifying student' behaviours in a classroom programme in order to offer specific support to students exhibiting significant behavioural challenges.

### **What is it used for?**

The tool allows a teacher to record and quantify appropriate and inappropriate, individual, student behaviours. The data can then be used to develop behaviour plans, set specific, measurable goals with students, track improvement and as part of evaluation on Alternate Programme Report Cards. The tool is accompanied by a list of Indicators for Behaviour that can be used to target observations.

### **How do you use it?**

Five key behaviours are identified in the column to the left. The behaviours can be made more specific depending on the nature of the child's challenges i.e. Adult Interaction: *speaks respectfully to adults when asked to do something*. Each subsequent column to the right has a box for the day of the week with a couple lines for remarks and a box for checkmarks. For each day of the week the teacher observes the student and places a check mark in the box indicating what was observed i.e red checkmark – not appropriate green checkmark appropriate. At the end of the week the check marks can be totalled and a percentage of success can be calculated (total of 50 checkmarks, 20 green = 40% of the time the student was able to respond respectfully to an adult). Short Anecdotal remarks can be recorded at the bottom of the day columns to indicate triggers or events that might contribute to the behaviour observed. The data allows a teacher to look for patterns in behaviours to target support. For example if student is significantly less successful on Mondays there may be a relationship to fatigue for weekend activities or home stress.

## BEHAVIOUR OBSERVATIONAL NOTES

Name \_\_\_\_\_ Date \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday	Totals
<b>Peer Interaction</b>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	
<b>Adult Interaction</b>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	
<b>Conflict Resolution</b>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	
<b>Anger Management</b>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	
<b>Self - Assessment</b>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	_____ _____ _____ <div style="border: 2px solid black; width: 100px; height: 20px; margin: 5px auto;"></div>	

**Additional Comments**

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# Indicators for Behaviour

## Peer Interaction

- recognizes and considers the feelings and needs of others
- consistently able to interact positively with peers in a variety of situations
- engages in conversations (introduces self, asks for or offers help appropriately, gives and accepts compliments)

## Adult Interaction

- respects requests made by adults (teacher, Support Workers, Yard Supervisors) with no questioning or refusing
- applies classroom/school agreement to all adults
- applies socially acceptable behaviours when interacting with adults (raising hand, waiting turn, looking at the person)

## Conflict Resolution

- usually resolves conflicts through respectful communication, discussion and active listening
- chooses an appropriate time and place to resolve conflicts
- able to resolve conflicts in a variety of contexts (classroom, hallway, playground, washroom)

## Anger Management

- consistently recognizes changes in body state and applies appropriate strategies to deal positively with stress and pressure (go to safety zone, relaxation techniques)
- able to de-escalate with minimal adult prompting
- reduction in the number of scenarios where student is in an angry state

## Self-Assessment

- independently identifies specific goals and growth towards these goals
- identifies specific choices they made to either resolve or escalate a situation
- is open to and applies personal feedback toward attainment of goals